## **Growth Assignment**

## Wednesday, May 13, 2020

## Is God Good? He Revives & Refreshes

The LORD is my shepherd; I shall not want. (I don't lack anything)

- <sup>2</sup> He makes me lie down in green pastures. He leads me beside still waters.
- <sup>3</sup> He restores my soul... Psalm 23: 1 3 (ESV)

Because the Lord is your shepherd, he gives your soul rest, refreshment, and restoration. In this broken world, it is not unusual to face mental, emotional and spiritual brokenness.

## Isaiah 53: 5 & 6 (ESV)

But he was pierced for our rebellion, crushed for our sins. He was beaten so we could be whole. He was whipped so we could be healed.

<sup>6</sup> All of us, like sheep, have strayed away. We have left God's paths to follow our own. Yet the LORD laid on him the sins of us all.

- 1. Read the passage from Isaiah above about Christ the Good Shepherd and reflect on what it says about how we are healed and what part your own acceptance of his healing plays in your faith and in your life.
- 2. Read Isaiah 53:7-12 in your Bible and notice what it says about the process of how Jesus died on the cross and took our sins upon himself. Think about your life and all you have done in your life. How easy is it for you to believe this Good News? Think about what it means that at the cross Jesus covered all of your sins for all you have done.
- 3. As you gain insight and understanding of God's goodness and how He bring s comfort into our lives, be prepared to share this good news with others!